

## **ESCAPADE 2023**

### **Resort Checkpoints - 12 to tick off**

1. La Tania
2. Le Praz
3. Courchevel 1550 Village
4. Courchevel 1650 Moriond
5. Courchevel 1850
6. Méribel
7. Méribel Village
8. Méribel Mottaret
9. Saint Martin de Belleville
10. Le Bettex
11. Les Menuires
12. Val Thorens

### **Peaks & Perimeters Checkpoints - 12 to tick off**

#### **Courchevel Valley:**

1. Col de Loze
2. Saulire
3. Col de Chanrossa
4. Chapelets

#### **Méribel Valley:**

5. Mont Vallon
6. Roc de Fer
7. Col de La Chambre

#### **Belleville Valley:**

8. La Masse
9. Cime Caron
10. Col de Thorens
11. Glacier de Pecllet (Funitel)

#### **Orelle (4th) Valley:**

12. Sommet des 3 Vallées

## **Suggested Route Starting From La Tania**

1. La Tania Gondola
2. Dou Des Lanches
3. Golf
4. Rope Tow from top of Golf
5. Legends
6. Olympic
7. St Martin 1
8. St Martin Express
9. Bettex
10. Pointe de la Masse
11. Reberty
12. Bruyères 1
13. Bruyères 2
14. Funitel Peclet
15. Portette
16. Thorens
17. Peyron
18. Bouchet
19. Orelle Caron
20. Pionniers
21. 3 Vallées
22. Mont Vallon
23. Pas du Lac 1
24. Pas du Lac 2
25. Chanrossa
26. Chapelets
27. Ariondaz
28. Aiguille du Fruit
29. Tovets
30. Foret

**You can use any route - it's the checkpoints that count!**

## **This is NOT a race**

**ALWAYS CONTROL YOUR SPEED.** You do this entirely at your own risk, act responsibly, take full ownership for your own actions and all of those with you, respect other people (& the mountain), ski & ride within your limits, always obey the skiers & snowboarders code, observe all signs, pay attention to all notices, advice & instructions from Pisteurs, only ski off piste if fully equipped & knowledgeable, it's not a race (you won't be insured), think about the safety of others as well as yourself but above all, think of other people, take care, don't wreck things for others & don't even think of blaming anyone else if it all goes wrong.....